

St. Paul Lutheran School

Millington, MI

Local Wellness Policy Review and Update

March 13, 2018

Review of document:

Those in attendance reviewed the current policy. No changes to the present document were suggested.

Update of document:

Michigan Department of Education

Local Wellness Policy Assessment Plan

St. Paul Lutheran School, Millington, MI Date March 13, 2018

Goal – What do we want to accomplish?	Action Steps – What activities need to happen?	Timeline – Start dates	Measurement – How is progress measured?	Lead Person	Stakeholders- Who will be involved and/or impacted?	Complete?
Students involved in independent exercise program	Students instructed on 30 minutes of exercise for 30 days. Students record progress Student submit report monthly to Athletic Director	September 2018	Verbal weekly check by AD. Submission of progress report each month	Athletic Director	Teachers Students Parents	
Update to Free and Reduced Policy	Change identification of Chairperson Update lunch prices Update registration form	June 2018	Submission of changes to school office. Visual check on website	St. Paul's webmaster	Teachers Head Cook Office staff	
Food restricted as form of student reward	Provide teachers with list of non-food reward examples	August 2018	Check with staff monthly at staff meetings Staff survey at end of school year	Principal	Teacher, staff, students	

	Discuss changes at back-to-school meetings. Follow-up mid-year to discuss challenges and determine additional communication needed.					
In school run/jog/ walk program	Provide feedback to students the benefits of a body in motion. Offer a toe token or trinket to place on shoe after each card finished. Encourage students to be the leader at the end of the year for a grand prize.	September 2018	Cards are kept and added up at end of school year.	Athletic Director	Teachers Students	

Assessment:

Implementation of policy

All lead persons have been notified of goals and action steps in the implementation of the updates to the Wellness Policy which are documented on St. Paul' Assessment.

Notification of policy

Notification of the review and updates to the policy may be found in the school newsletter and on St. Paul's website –stpaul-millington.org. This is available to all families and staff of St. Paul Lutheran School.

Notification of the review and update to St. Paul Lutheran Schools Local Wellness Policy was posted on school publications and school's Facebook page.

Attendance

Name:

Sue A. Howay

Bonnie Gross

Jay Rodammer

Jamie Jackler

Marci Draper

Kurt Spun

Erin Schmandt

Paul Schoofredt

Cra H

Title:

Cook

cook

Parent

Board of Ed

Board of Ed

BOE

Board of Ed.

Principal

Athletic Director